

COMMUNITY OPTIONS PROGRAM PLANNING COMMITTEE – February 25, 2014

The February 25, 2014, meeting of the Community Options Program was called to order by Kathy Clark at 9:01 a.m. in room G046 on the ground floor of the Henry Dodge Office Building located at 199 County Road DF, Juneau.

ROLL CALL:

Members present: Erin Bussian, Kathy Clark, Doreen Goetsch, Richard Greshay, Kathy Janssen, Melanie Macdonald, Rodger Mattson, and Judy Patenaude.

Members absent: Sue Kraft, Gary Vanden Houten and Cindy Wallintin.

Doreen Goetsch introduced Kim Herman, Supervisor of the CSP, CCS and Case Management Program of the Dodge County Human Services and Health Department's Clinical Services Department, as a replacement for Cindy Wallintin on the COP committee, pending approval of the County Board. Doreen mentioned that she is still looking for new members. Melanie suggested asking some of the members that are on the ADRC Committee.

Motion by Rodger Mattson, seconded by Melanie Macdonald, to approve the minutes of the October 22, 2013 meeting. Motion carried.

PUBLIC FORUM

Kim Herman explained her programs to the committee. CCS is the Comprehensive Community Service program which serves Dodge County residents from birth to death. They provide mental health services and have a case manager to help them stay successful in the community whether that's in school, maybe working a part-time job, volunteering, keeping them in their homes so they're not institutionalized or hospitalized. They help coordinate care, for example with kids they act as a liaison to schools. All of the programs look at the whole person and how can they can help them in all the areas of their lives. They meet bi-weekly with these individuals. There are 23 consumers and 1.5 case managers involved in this program.

CSP is the Community Support Program and is the most intensive program where they meet with the individuals weekly; some are seen five days a week to make sure they're taking their medications. These people have persistent and chronic mental health. Again, the goal is to keep them in their homes so they are not institutionalized or hospitalized. There are 61 consumers and 5 case managers involved in this program.

Lastly, the Case Management Program is the least restrictive program. The case managers work more as connectors, they connect the person to services and then they monitor those services to make sure that they are providing high quality care. They may meet with these consumers once or twice a month. These consumers are broken into three categories: 1) reside in group homes 2) reside in their own apartment or with their family 3) acute group – they may have just gotten out of the hospital, perhaps their first experience with mental illness, they help to get them re-acclimated back into the community and they may be a very short term client, maybe we only see them for six months and then our services are complete.

They have an RN that works within all three programs and she sits in on all the psychiatric appointments with CSP and CCS consumers, she does a full nurse evaluation on the consumers and she works as a liaison between the consumer and the pharmacy, their medical doctor, and psychiatrist. She attends all of their meetings so she is very well aware of what's going on. One of the things they've noticed is that there are a lot of medical problems that come along with people who've been on psychiatric medications for a long time, such as diabetes or hypertension. The RN's job is to keep their whole self healthy. There are 1.5 case managers in this program.

Within all of the community services they are currently serving 104 consumers, with a total of 7 case managers.

Referrals for these programs are all processed as an intake to their clinic at Dodge County Human Services and Health Department. Anybody who is CSP has to be seen by the Clinical Services doctors as it is such an intensive program. In the CCS program approximately three-quarters of them see the Clinical Services doctors and a quarter of them see a psychiatrist outside of the agency.

Clinical Services has a new temporary child psychiatrist, Aleen Grabow, and are currently looking for a permanent one.

Kathy inquired about children who also have social workers and Kim stated not all their children have a social worker and some of their funding can help assist family members through the Comprehensive Community Service program. Kim stated they just became part of a consortium and with that they now have a greater match, so the county doesn't have to pay as much for the services and can look at some alternative-type therapy for children and adults, but primarily are looking for the kids.

Doreen mentioned that the COP Program funds five individuals to offset the cost of the CBRF, or in one case we are funding day services, and one case for workshop services.

2013 COP PROGRAM EXPENDITURES:

The 2013 COP Program allocation from the state was \$95,539. For the 2013 year, the allocation was used as follows:

\$ 4,030	=	Child with Developmental Disabilities (match)
\$85,128	=	Services for Mental Health Clients
<u>\$ 6,381</u>	=	Administration
\$95,539	=	TOTAL COP PROGRAM EXPENDITURES

2014 COP PLAN UPDATE APPROVAL:

Doreen sent in the 2014 COP Plan, along with the COP Expenditures, to the State on January 2, 2014. We have not received any response, assume it's status quo, and are continuing with the services that we provided from last year.

Motion made by Richard Greshay, seconded by Judy Patenaude to approve the 2014 COP Plan Update.

2013 COP PROGRAM STATISTICS

The COP Program statistics for the year 2013 are:

	<u>Year to Date for CMI (31)</u>
COP	\$84,241.78

This amount does not include the match for the one child that we are providing services for and that takes another six months for our department to calculate how much we're matching, but it's about \$5,000.

We are within budget and if there's any funds left over, we can carry that over to this year and use that to continue to fund the young lady we added last year. Richard Greshay inquired as to available funding for this new person. Doreen stated that the person that we added, her average cost has been about \$600-\$700 a month, so she's anticipating with the carry over funds that we are going to be able to continue to serve her.

No new CBRF funding requests have been made and no requests for high cost funds.

POLICY/PROGRAM/SERVICE MATTERS

With the COP funding provided, we continue to serve the five adults and the one child.

DEPARTMENT INFORMATION

Motion made by Rodger Mattson to adjourn the Community Options Program Committee meeting, seconded by Judy Patenaude. Motion carried. The COP meeting adjourned at 9:20 A.M.

The next COP meeting will be at 9:00 A.M. with the October 28, 2014 ADRC meeting, in meeting room G046, located on the ground floor of the Henry Dodge Office Building, 199 County Road DF.



Committee Member Signature

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DISCLAIMER: THE ABOVE MINUTES MAY BE APPROVED, AMENDED OR CORRECTED AT THE NEXT COMMITTEE MEETING.