

Monday Coffee Connect

Virtual Support to Fill Your Caregiving Cup

Caring for someone living with dementia?

Connect with local dementia specialists virtually from the comfort of your home!

Join to ask questions, gain support, and brainstorm.

Come as you are, come as you can to interact via Zoom. Video or by phone. Open to WI caregivers.

Fill your cup and start your week off right! Held every Monday.

Mondays*

10:00 – 11:00 am

**Group does not meet on holidays*

Register: kflock@lacrossecounty.org

After registering you will receive orientation email and the connection info Monday mornings.

*Facilitated by Dementia Care Specialist from
ADRC La Crosse County (606-386-0767),
ADRC Eagle Country (608-548-3954) & ADRC
of Waukesha (262-548-7354)*

If needing support for virtual platform, please call.

