# DODGE COUNTY AGING UNIT PLAN 2019 – 2021



### **TABLE OF CONTENTS**

- 1. Verification of Intent
- 2. Executive Summary
- 3. Organization and Structure of the Aging Unit
  - a. Mission Statement and Description of the Aging Unit
  - b. Organizational Chart of the Aging Unit
  - c. Aging Unit Coordination with ADRCs
  - d. Statutory Requirements for the Structure of the Aging Unit
  - e. Membership of the Policy-Making Body
  - f. Membership of the Advisory Committee
  - g. Assessment Only update the Commission on Aging and Aging Advisory membership
- 4. Context
- 5. Public Involvement in the Development of the County Aging Plan
- 6. Goals for the Plan Period
  - a. Assessment Only National Family Caregiver Support Program
- 7. Coordination Between Titles III and VI
- 9. Compliance with Federal and State Laws and Regulations
- 10. Assurances
- 11. Appendices

1. Verification of Intent	
This plan represents the intent of the county to assure that older people have opportunity to realize their full potential and to participate in all areas of com	
On behalf of county, we certify that these organizations have reviewed the phave authorized us to submit this plan which outlines activities to be undertable behalf of older people during 2019-2021.	
We assure that the activities identified in this plan will be carried out to the bability of the county.	pest of the
We verify that all information contained in this plan is correct.	
Signature, and Title of the Chairperson of the Commission on Aging	Date
Signature, and Title of the Authorized County Board Representative	Date

### 2. Executive Summary

As we look at the overall aging population, an obvious need appears. That need is to find resources and provide services to seniors with the goals of preventing them from needing long-term care and helping them remain in their homes longer while maintaining a healthier lifestyle. In reviewing material from Healthiest Wisconsin 2020, their vision is "Everyone living better, longer". In addition, as Dodge County looks at what changes we would like to make over the next three years and beyond, it all comes down to that same philosophy and goal of linking older adults and adults with disabilities to resources and services that will allow them to live independently longer and with dignity. Along the way, Dodge County will establish new partnerships and recruit more volunteers to aide in this endeavor.

Over the next three years, Dodge County's Aging Unit will engage themselves in the goals of Advocacy, Nutrition, Services for Caregivers, and Services for People with Dementia, Healthy Aging, and then some Local Priorities. The ADRC of Dodge County and Aging staff have all played a vital role in this plan and they are committed to serving the elderly and disabled population by fulfilling these goals.

The staff will work with Dodge County's local Commission on Aging and Disability Board members offering education on the true meaning of advocacy and how their roles as board members gives them the opportunity to help those who need it.

Staff will also research and collaborate to create an advertising campaign surrounding the meaning of advocacy and how others can help those in need.

Staff will develop different tools and techniques to promote the dining centers. They will increase marketing efforts, provide emergency meals, and advertising.

Staff will create a structure for a Caregiver Coalition and will develop marketing materials and outreach strategies with the ultimate goal of having the Coalition to be self-sustaining by year three.

Staff will pursue and promote Dementia Friendly communities in Dodge County by offering various trainings and programs and by building upon previously developed relationships.

In order to support evidence based programs staff will pair with the Senior Dining Centers to offer a variety programs with the goal of increasing participation, and ultimately more diverse participation, which in turn improves global overall health and well-being.

Finally, staff will work on increasing Dodge County's volunteer base as the community has listed this as a top priority. Not only does having volunteers free up staff time to provide services to those in need, but it is also a way to have peers helping peers which seems to be better received and valued by those being helped.

Dodge County's Three Year Aging Plan has been an undertaking of the entire Dodge County ADRC and Aging staff. They have all been in their positions long enough now to recognize the needs within the communities of Dodge County. They have expressed their opinions and visions and indicated how they would like to accomplish them. This in turn will give them ownership, leading to a successful plan.

# 3. Organization and Structure of the Aging Unit3-A Mission Statement and Description of the Aging Unit

### **Brief Description of the Dodge County Aging Unit**

The Dodge County Aging Services Unit is a unit within the Community Support Services Division of the Human Services and Health Department and is a crucial component of the Aging and Disability Resource Center. The Aging Services Unit manages the Senior Dining, Transportation, Family Caregiver/Alzheimer's Support, and Elder Benefit Specialist programs and Evidence Based classes for Dodge County.

The Senior Dining Program is not only a means for consumers to get a nutritional meal but also a way to maintain a social network and combat loneliness. Transportation is available to those who would otherwise have no way of getting to important medical appointments or other venues. This unit also offers support to caregivers through the Alzheimer's program by supporting respite and caregiving programs to relieve caregivers even if it is for a short time. The unit offers memory screens, care consultations, education and outreach for those living with dementia. It also offers outreach to teach consumers about programs such as Medicare and SeniorCare. It offers evidence based programs such as Stepping On, Powerful Tools for Caregivers, Living Well and Living Well with Diabetes classes. Through the Caregiver Coordinator they offer programs such as Music and Memory, Supports to Stay at Home, and a new Caregiver support group.

### **Mission Statement**

The goal of the Aging and Disability Resource Center of Dodge County is to provide information, assistance and advocacy for older adults and adults with disabilities. Our Mission is to link consumers with resources and services that help them live independently and with dignity.

### **Descriptive Information**

### Address of the Aging Unit:

Aging & Disability Resource Center
Dodge County Human Services & Health Department
199 County Road DF
Juneau, WI 53039

### Hours of Operation:

Monday – Friday 8:00 am to 4:30 pm except for New Year's Day, Spring Holiday, Memorial Day, 4<sup>th</sup> of July, Labor Day, Thanksgiving Day, Day after Thanksgiving, Christmas Eve, Christmas Day, and New Year's Eve Day.

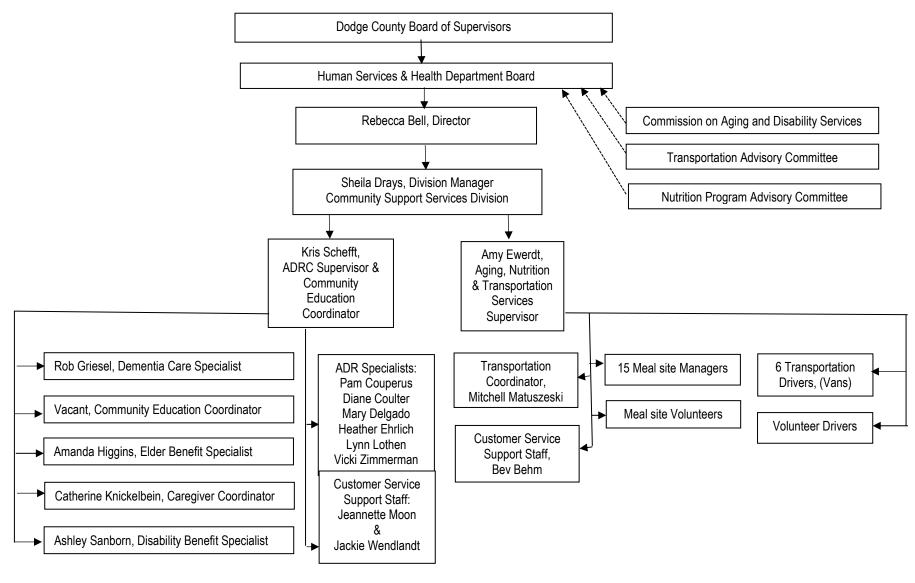
### Helpful Telephone Numbers:

1-800-924-6407 or 1-920-386-3580

Email: hsaqingunit@co.dodqe.wi.us

Website: http://www.co.dodge.wi.us/humanservices/aging.html

# 3. Organization and Structure of the Aging Unit 3-B Organizational Chart of the Aging Unit



# 3. Organization and Structure of the County Aging Unit 3-C Aging Unit Coordination with ADRCs

As of May 1, 2018 Dodge County Human Services & Health Departments' Aging and Disability Resource Center (ADRC) reached their ten-year anniversary. At its inception, Dodge County organizationally integrated the existing Aging Programs within the ADRC giving them the opportunity to offer enhanced service to elders and adults with disabilities by coordinating service delivery and by providing convenient access to multiple programs. The Dodge County ADRC and Aging Programs only serve residents of Dodge County but occasionally find themselves working with consumers from other counties who either have just moved from or are moving to Dodge County. By being co-located, they can more efficiently and effectively provide information, assistance, and referral to elderly people and people with disabilities seeking private or publicly funded services to meet their long-term care needs.

ADRC and Aging Programs collaboration takes on many different aspects. One of the aspects is in the ability to share referrals between the Information and Assistance staff and the Aging staff. This collaboration is not only a benefit to the staff, but more importantly to the consumer, giving staff the ability to provide more efficient customer service.

Outreach is another area where the ADRC and Aging staff's work together, attending various local events throughout the county. These events include the Dodge County Fair, the two Senior Expos, yearly Women's Resource Fair, Employer health Fairs, bi monthly radio programs, and Caregiver Spring Break 2018 conference.

The ADRC and Aging Unit provides a joint, quarterly newsletter that contains timely, information regarding programs, events, and other useful information such as news regarding Medicare, upcoming conferences, and Senior Dining Menus. Staff continue to receive overwhelming positive feedback on the newsletter from the community. We make a point to include articles from public health, adult protective services, our independent living center and other pertinent topics supporting advocacy and education in all of our outreach and publications.

# 3. Organization and Structure of the County Aging Unit 3-D Statutory Requirements for the Structure of the Aging Unit

Chapter 46.82 of the Wisconsin Statutes sets certain legal requirements for aging units.

Organization: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
1. An agency of county/tribal government with the primary purpose of administering programs for older individuals of the county/tribe.	
2. A unit, within a county/tribal department with the primary purpose of administering programs for older individuals of the county/tribe.	X
3. A private nonprofit corporation, as defined in s. 181.0103 (17).	
Organization of the Commission on Aging: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
1. For an aging unit that is described in (1) or (2) above, organized as a committee of the county board of supervisors/tribal council, composed of supervisors and, advised by an advisory committee, appointed by the county board/tribal council. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.	X
2. For an aging unit that is described in (1) or (2) above, composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
3. For an aging unit that is described in (3) above, the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
<b>Full-Time Aging Director:</b> The law requires that the aging unit have a full-time director as described below. Does the county have a full-time aging director as required by law?	Yes

# 3. Organization and Structure of the Aging Unit3-E Membership of the Policy-Making Body

The commission is the policy making entity for aging services and an aging advisory committee is not the commission. Chapter 46.82 of the Wisconsin Statutes sets certain legal requirements for aging units.

"Members of a county/tribal commission on aging shall serve for terms of 3 years, so arranged that, as nearly as practicable, the terms of one-third of the members shall expire each year, and no member may serve more than 2 consecutive 3-year terms." In the case of county board/tribal council members, the requirement is 3 consecutive 2-year terms.

Official Name of the County Aging Unit's Policy-Making Body (list below)					
Name	Age 60 and Older	Elected Official	Year First Term Began		
Chairperson: Mary Bobholz	Yes	Yes	2012		
Lois Auguston	Yes	No	2002		
David Godshall	Yes	No	2006		
Mark Roesch	No	Yes	2014		
Becky Glewen	No	Yes	2016		
Stephanie Justmann	No	Yes	2016		
Timothy Kemmel	No	Yes	2018		
Kira Sheahan-Malloy	No	Yes	2017		
Jennifer Keyes	No	No	2016		

## 3. Organization and Structure of the County Aging Unit 3-F Membership of the Advisory Committee

If the aging unit has an advisory committee, listed below are the members of the advisory committee. An aging advisory committee is required if the commission (policy making body) does not follow the Elders Act requirements for elected officials, older adults and terms or if the commission (i.e. policy-making body) is a committee of the county board.

Chapter 46.82 of the Wisconsin Statutes requires that the membership of the aging advisory committee (where applicable) must consist of at least 50% older people, and individuals who are elected to office may not constitute 50% or more of the membership.

### Official Name of the County Aging Unit's Advisory Committee (list below)

### **Commission on Aging and Disability Services**

Name	Age 60 and Older	Elected Official	Year First Term Began
Chairperson: William Hoekstra	Yes	Yes	2017
Mary Ann Miller	Yes	Yes	2017
Shirley Kitchen	Yes	No	2017
Gary Schmidt	Yes	No	2017
Dianne Birkholz	Yes	No	2017
Judy Braun	Yes	No	2017
Judy Patenaude	Yes	No	2017
Lorna Negen	Yes	No	2017
vacant		No	
*This combined commission started in 2017 so all terms start then*			

# For assessment only – Please update the Commission on Aging and Aging Advisory membership and answer questions below.

Please answer "Y" or "N"	2019	2020	2021	Describe
Has the organization of the Aging Unit changed this past year?				
Has the organization of the <i>Commission on Aging</i> changed this past year?				
Does the aging unit have a full-time aging director?				
Is the membership of the Commission on Aging in Compliance?				

# 3. Organization and Structure of the County Aging Unit 3-G Staff of the Aging Unit

Listed below are the people employed by the County Aging Unit. Include additional pages as needed.

Name: Amy Ewerdt

Job Title: Aging, Nutrition, & Transportation Services Supervisor

Telephone Number/email Address: 920-386-3583 <a href="mailto:aewerdt@co.dodge.wi.us">aewerdt@co.dodge.wi.us</a>

Brief Description of Duties: Under the general direction of the Division Manager, supervises, coordinates, and manages the Aging, Nutrition and Transportation Programs. Develops and monitors programs designed to meet the needs of elderly and disabled adults. Responsible for day to day operations of all ADRC functions and contract compliance

Name: Amanda Higgins

Job Title: Elder Benefit Specialist

Telephone number/email address: 920-386-3584 <a href="mailto:ahiggins@co.dodge.wi.us">ahiggins@co.dodge.wi.us</a>

Brief Description of Duties: Under the general direction of Human Services Supervisor, provides a broad access to benefits, entitlements and legal rights to persons 60 years of age and older, regardless of financial status. Acts as personal advocate for elderly on matters and problems pertaining to services, insurance supplements, and or public or private benefit programs.

Name: Catherine Knickelbein

Job: Caregiver Program Coordinator

Telephone number/email address: 920-386-3259 <a href="mailto:cknickelbein@co.dodge.wi.us">cknickelbein@co.dodge.wi.us</a>

Brief description of duties: Assists caregivers and those with caregiving needs to access services through the NFCSP and AFCSP grants. Provides outreach, public presentations, and case management. Also implements Music and Memory program, and is active in Dementia Concerns Coalition.

Name: VACANT

Job: Community Education Coordinator

Telephone number/email address: 920-386-4029

Brief description of duties: This is a shared part time position with ADRC and Aging that facilitates the evidence based classes, promotes, and schedules these classes. Also works with volunteers to increase the ability to reach more participants and hold more classes

Name: Jackie Wendlandt

Job Title: Customer Service Support Staff

Telephone Number/email Address: 920-386-3580 jwendlandt@co.dodge.wi.us

Brief Description of Duties: Answers all phone calls and walk-in consumers coming into the Aging Unit, provides information and assistance when possible and refers caller to appropriate staff or unit. Does the filing, typing, and correspondence for the Aging Unit Programs. Records meeting minutes and does the data entry for new client and/or services provided. Maintains records and documentation for program staff and volunteers. SAMS data entry.

Name: Mitchell Matuszeski

Job Title: Transportation Coordinator

Telephone Number/email Address: 920-386-3581 mmatuszeski@co.dodge.wi.us

Brief Description of Duties: Coordinates, schedules, and dispatches transportation for elderly and disabled county residents and others utilizing the Dodge County transportation program. Works with over 20 volunteers and 6 staff drivers. Takes care of all last minute changes, driver cancellations and rider no shows.

Name: **Beverly Behm** 

Job Title: Customer Service Support Staff

Telephone Number/email Address: 920-386-3832 bbehm@co.dodge.wi.us

Brief Description of Duties: Takes incoming calls, does data entries for nutrition and transportation services. Is backup Information and Assistance person in absence of the other Customer Service Support staff. Works with clients and volunteers in aging programs as necessary.

### 4. Context

The current and future older person is one who is, for the most part, more active and more technologically perceptive. They are a population that want to stay in touch with their friends and families more so than ever before and have the means, knowledge, and skills to do so. However, there seems to be a group of the aging population that are more isolated and as studies show, feelings of loneliness and isolation can lead to serious consequences for senior health. According to the U.S. Census Bureau, 11 million, or 28% of people aged 65 and older, lived alone at the time of the census. As people get older, their likelihood of living alone only increases.

According to "a Place for Mom" website there are many factors surrounding senior isolation. Some of those include:

- 1. Increased risk of mortality.
- 2. Negative affects both physical and mentally.
- 3. Cognitive decline and risk of dementia.
- 4. Caregivers of the elderly are also at risk for social isolation.
- 5. Lonely people are more likely to engage in unhealthy behavior such as a poor diet and lack of physical activity.
- 6. Volunteering can reduce social isolation and loneliness in seniors.

This plan is going to delve into that group of residents and the services they so desperately require.

The first area of need this plan will address is regarding advocacy. As we look at the goal of providing advocacy, we need to begin by reviewing the definition of advocacy. As stated by the National Aged Care Advocacy Program, "An advocate is a person who represents and works with a person or group of people who may need support and encouragement to exercise their rights, in order to ensure that their rights are upheld." Advocates will "assist the older person to express their wishes." They will "listen and ask questions in order to clarify the specific issues of concern." They will "provide accurate information about the rights of the older person and provide strategies to resolve the problem." The Aging Unit will begin by educating the Commission on Aging and Disability Board members on the meaning of advocacy. They will learn how their role as a board member can benefit those in the community by giving them the opportunity to advocate for

those in need. They will then seek out a couple of elderly volunteers whose responsibility will be to provide advocacy for their peers.

According to the National Council on Aging, "The Older Americans Act congregate and home-delivered nutrition programs provided over 222 million meals to older adults in FY15. This service is especially critical for the nearly 61% of home-delivered meal recipients and 49% of congregate meal recipients who report that the meals represent half or more of their food intake for the day." As found by the Urban Institute, Meals on Wheels programs have shown to improve physical health outcomes by improving food security and reducing the risk of falls and hospitalization. The Aging Unit staff will look into marketing methods to reach out to residents, including those who are more isolated, and inform them about the nutrition program and the importance of eating healthy.

Another area of focus will be surrounding their caregivers who also have feelings of isolation. According to the Family Caregiver Alliance website, "Statistics reveal that between 40% and 70% of family caregivers experience clinical symptoms of depression, which can often be caused by feelings of isolation and loneliness associated with the caregiving experience." They go on to say "feelings of isolation can be caused by a withdrawal from previous habits and lifestyle." "Caregivers without support from other caregivers in similar situations may feel as though no one really understands their situation." There seems to be a "lack of social interaction and stimulation from individuals other than their care recipient, especially when cognitive impairment is present." They state that "caregivers report weight gain due to emotional eating, increased blood pressure caused by stress – both of which can contribute to complications such as diabetes, stroke or even premature death." In order to try to help combat this issue of caregiver isolation, the Aging Unit will create a "Caregiver Coalition" by outreaching to caregivers who can be support for others. The Aging unit will chair and create the structure and then eventually turn the leadership over to the coalition itself. Creating a self-sustaining Caregiver Coalition.

It is a known fact that living with dementia can be very isolating. According to "SuperSeniors" "over time, the ability of a person with dementia to communicate may become worse and interactions that once seemed to come so easily may be more difficult, which can be frustrating for everyone involved." "Keeping somebody with dementia active is valuable to their personal and emotional wellbeing." In a study done by "Home Instead Senior Care" they found that 64% of people living with dementia feel isolated following a diagnosis." "Spending time with loved ones is important because it can stimulate feelings of familiarity, happiness, comfort and security. Staying connected and taking part in activities helps a person with dementia feel less isolated." The Aging Unit will work towards Dementia Friendly communities by offering Dementia Live Trainings at various locations. Along with this, they will provide other programs such as Music and Memory. The Aging Unit will also market and promote dementia friendly businesses with the goal of providing more venues where people with dementia can go and feel safe and get out of their isolation.

Utilizing information from surveys the ADRC and Aging staffs' conducted; Healthy Aging was one topic that kept coming up repeatedly. As we previously mentioned the importance of the nutrition program providing meals to those who cannot get out of their homes, we have to consider the role it can play in healthy aging, which then can lead to a healthier lifestyle. The Aging Unit will collaborate with the Senior Dining Centers to offer various programs such as oral health and foot care. They will also collaborate with other units such as Public Health to provide blood pressure screenings, and with UW Extension to provide nutrition classes at the Senior Dining Centers. This with the goal in mind of increasing congregate Senior Dining Center participation and providing more meals to more county residents, keeping them healthier longer.

Finally, one way to help avoid isolation is to have them get involved in the community. Staying involved in the community gives them a purpose. The Aging Unit will focus on providing quality training for volunteers, which is one area that seems to be lacking for potential volunteers. They would like to volunteer but they do not know exactly what they are volunteering for and they do not usually receive any kind of training to give them confidence in the services they are providing. Then once the volunteer pool has grown, the Aging Unit will provide ongoing support and recognition in hopes of maintaining good relationships with those who have offered to serve.

### 5. Public Involvement in the Development of the County Aging Plan

Please use the <u>Public Input Report form</u> to explain how you gathered information and ideas from the public prior to developing your plan. Attach completed forms to the plan.

Before submitting the final plan to the Area Agency on Aging (AAA), the aging unit must conduct one or more public hearings on the draft plan. Please use the <a href="Public Hearing Report form">Public Hearing</a> Report form to document your public hearings and attach forms to the plan.

### 6. Goals for the Plan Period

### Progress notes to be completed during self-assessment process.

Aging Unit Plan Goals	Progress Notes (briefly summarize only those activities completed as of Dec. of each year)		if com	pleted
(write at least one goal per focus area per year - add extra boxes as needed – put curser to the left of the box and click the + sign)			2020	2021
Focus Area 6-A. Advocacy Related Activities		'	•	
To teach older adults and their caregivers how to utilize their skills in actively promoting a cause or principle, the Aging Unit will educate the Commission on Aging and Disability (CAD) board members on the meaning of Advocacy. They will learn how their position as CAD board members lends them to an obligation to advocate for those who cannot. The Aging Unit will hold three lunch and learn meetings between the months of February and March in various places throughout the county and will invite the board members for this learning opportunity.  • Once the CAD board members have an understanding of what Advocacy is, they will meet three times to seek out two senior volunteers who would be willing and able to provide advocacy in the way of three Lunch and Learn sessions in various locations throughout the county in 2019. This group, with the help of the Aging Unit, will seek information from the community regarding issues that affect seniors that they can address through advocacy.  • The Aging Unit will also create an advertising campaign that explains advocacy. They will create brochures that explains the meaning of advocacy for older adults and their caregivers and the Aging Unit and CAD board members will distribute them in a dozen locations throughout the county.				
2020				

	CAD board members along with the Aging Unit staff will hold three Lunch and Learns in various locations within the county where they will have the two senior volunteers or staff do presentations regarding areas of advocacy by the end of 2020.		
	The Aging Unit will do several surveys and seek out the desire for "Peer Advocacy Groups". They will have the survey results by December 2020.		
2021	The Aging Unit will offer five Lunch and Learn or Coffee Clutch presentations in various locations throughout the county where senior volunteers/or staff will provide presentations based on previously identified needs of the community.		
	The Aging Unit will support the creation of a Peer Advocacy Group that will meet two times by the end of 2021.		
	<ul> <li>The Aging Unit will educate three local librarians by March 2021 regarding advocacy, available resources, and about the Dodge County Caregiver Coalition and the Peer Advocacy Group and let them know how they can direct those in need. The Aging Unit will stay in touch with the librarians and keep them informed of future trainings and peer group meetings</li> </ul>		
	B. The Elder Nutrition Program		
	Although our program has been going strong for over 30 years there are people who do not know where are meal sites are located. In order to increase our marketing efforts of our meal sites, we plan to purchase "sandwich boards" for each of our meal site locations, which will be on display when the site is open.		

	• The Aging unit feels the importance of making sure that all home bound seniors who qualify for our Home Delivered Meals would benefit from an emergency meal kit. Staff will provide these kits on a yearly basis as a backup in case the home delivered meal route is cancelled due to severe weather. We would take this time to research emergency meals to find out what is needed, how to claim those meals, and what other counties are offering and how often they provide the service.		
2020	<ul> <li>The Aging Unit would continue its marketing efforts of the meal sites by taking photos of the meal site locations, interviewing managers, and writing articles for newspapers and our ADRC newsletter featuring 1-2 meal sites at a time at least quarterly. The ADRC distributes its newsletters throughout various locations in Dodge County.</li> <li>After gathering our data about the emergency meals, we would introduce the idea to the Nutrition Advisory Council and if passed, send out the emergency meals to our home delivered meal participants when we send out our Winter Weather Preparedness Reminder, which is generally at the end of November.</li> </ul>		
2021	<ul> <li>As another attempt to market our meal sites the Aging Unit will reach out to local organizations, groups, schools, and individuals that have something to share, for example; music/dance, educational pieces, and activities to encourage an increase in the meal site participation. These programs would run before the meals are served.</li> <li>For feedback purposes, a survey would be distributed to those that received an emergency meal to find out what worked and what did not work, in order to help us improve our services.</li> </ul>		

Focus A	rea 6-C. Services in Support of Caregivers		
2019			
	<ul> <li>Having identified the need for a Caregiver Coalition by active outreach to caregivers, we will move forward with this formal support. In 2019, we will define and create the structure for the Caregiver coalition. The Caregiver coordinator will initially chair this project. Within the first year, the coalition will define the vision and mission, and develop the goals including marketing materials and outreach strategies. A conference will be held to share what has been learned, and focus on areas of identified interest.</li> </ul>		
2020			
	<ul> <li>Based on the action plan created by the Caregiver Coalition, project implementation begins. Using guidance from GWAAR resources there will be coalition meetings, and evaluate success as identified by coalition members. The basic structure will include inviting partners, defining expectations, Identify leadership, communication strategies and logistics. In addition, planning for 2021 will begin in 2020.</li> </ul>		
2021	<ul> <li>In 2021 the Coalition will implement the goal (action plan) established in 2020 by the coalition and evaluate the leadership of the coalition. Is it self-sustaining? Is the Coalition meeting the established goals?</li> </ul>		
Focus A	area 6-D. Services to People with Dementia		
2019			
	<ul> <li>In order to pursue the desire for Dementia Friendly communities the ADRC/Aging staff will promote education to the community through offering Dementia Live trainings. This will we be offered to the local libraries, and will have three trainings in 2019. This will complement the work done through the Music and Memory program, programs by</li> </ul>		

	the Dementia Care Specialist, and build upon relationships developed through the Dementia Innovations grants.		
2020	<ul> <li>Building upon the success of Dementia Live trainings, and in conjunction with the Dementia Friendly Dodge Coalition, the ADRC/Aging staff will continue to promote dementia friendly businesses. In 2020, five local businesses will participate in ongoing trainings.</li> </ul>		
2021	<ul> <li>This year will begin by evaluating the success of programs in 2020, and look at the next areas of need based upon this data. Business partners including Medical clinics, Coalition partners, and Adult protective services will assist in this evaluation process. Depending on that information staff will work on outreach efforts to meet those needs (more Dementia Live, more Dementia Friendly businesses, increase music and memory, increase work with libraries and schools, expand trainings at meal sites, per example).</li> </ul>		
Focus A	rea 6-E. Healthy Aging		
2019	<ul> <li>In order to promote healthy aging, the Aging Unit will pair with the Senior Dining Centers to offer Lunch and Learns on various topics, including, but not limited to blood pressure screenings, foot care, and oral health. They will use both evidence based and non-evidence based classes in order to offer a variety of topics.</li> </ul>		
2020	The Aging Unit will reach out to surrounding counties who may be certified in an evidence-based class that Dodge County is not, offering a wider variety of classes. We will also reach out to the UW		

	Extension office and our local Public Health office to work together on		
	some of the non-evidence based topics.		
2021			
	The Aging unit will offer three to four Lunch and Learns at different		
	meal sites over the course of the year. They will distribute a survey		
	following the Lunch and Learns to determine the success of the		
	program.		
Focus Are	ea 6-F. Local Priorities		
2019			
	The Aging Unit realizes that its programs cannot run without the help		
	of volunteers. In order to continue to offer quality programming and		
	grow outreach, the need for volunteer recruitment will be at the top of		
	the local priority needs list. The Aging Unit will ensure that it has a		
	quality volunteer training process, which will include a volunteer		
	manual and training/s based on area of interest.		
2020			
	The Aging Unit will reach out to local agencies to see if there are		
	potential volunteers in their programs. The Aging Unit will work		
	closely with these agencies to ensure that opportunities are a good fit		
	for each individual. By opening communications about local priorities		
	and needs, the unit will be opening up doors and beginning new		
	connections.		
2021			
	In order to strengthen our current volunteer pool and honor those that		
	have been volunteering for a long time the Aging Unit will take time to		
	thank the volunteers for the service they provide whether it is a		
	friendly, thank-you card in the mail, or by honoring them in the		
	ADRC's quarterly newsletter. The Aging Unit feels that the more		

personal contact given to our volunteers will only strengthen and encourage continued support for our programs.		
For Assessment Only		
Part IV: Progress on the Aging Unit Plan for Serving Older Peo  This section is not required		
<b>Minimum Service Requirements:</b> The minimum service requirements of NFCS agency. Please indicate who provides these services.	P must be provided b	by the aging unit or contracted with another
Service	Aging Unit (X)	Other Agency (please list)
Information to caregivers about available services		
Assistance to caregivers in gaining access to the services		
Individual counseling, support groups, and training to caregivers		
Respite care		
Supplemental services (e.g., transportation, assistive devices, home modifications, adaptive aids, emergency response systems, supplies, etc.)		
Caregiver Coordination: To ensure coordination of caregiver services in the cocaregiver coalition or coordinating committee with other local providers who	• • • • • • • • • • • • • • • • • • • •	
Does the aging unit belong to a local caregiver coalition?	2019 Activities:	
YES NO		
Name of Coalition:		
If YES, please provide a brief update on coalition activities conducted each year.	2020 Activities:	
If NO. please explain plan for compliance.		

	2021 Activities:

7. Coordination Between Titles III and VI

If the county includes part or all of a federally recognized tribe or is home to a significant population of tribal members, describe how the County and Tribal aging units will work together to coordinate and ensure the provision of services to tribal elders. Provide a narrative describing collaboration efforts and goals for each year of the plan.

Progress notes to be completed during self-assessment process.

Provide goals for each year of the plan.	Progress Notes	2019	2020	2021
N/A				

# On behalf of the county, we certify (Give the full name of the county aging unit) has reviewed the appendix to the county plan entitled Assurances of Compliance with Federal and State Laws and Regulations for 2016-2018. We assure that the activities identified in this plan will be carried out to the best of the ability of the tribe in compliance with the federal and state laws and regulations listed in the Assurances of Compliance with Federal and State Laws and Regulations for 2016-2018. Signature and Title of the Chairperson of the Commission on Aging Date

Date

Signature and Title of the Authorized County Board Representative

9. Compliance with Federal and State Laws and Regulations

### 10. Assurances

The applicant certifies compliance with the following regulations:

### 1. Legal Authority of the Applicant

- The applicant must possess legal authority to apply for the grant.
- A resolution, motion or similar action must be duly adopted or passed as an
  official act of the applicant's governing body, authorizing the filing of the
  application, including all understandings and assurances contained therein.
- This resolution, motion or similar action must direct and authorize the person identified as the official representative of the applicant to act in connection with the application and to provide such additional information as may be required.

### 2. Outreach, Training, Coordination, & Public Information

- The applicant must assure that outreach activities are conducted to ensure the
  participation of eligible older persons in all funded services as required by the
  Bureau of Aging and Disability Resources designated area agency on aging.
- The applicant must assure that each service provider trains and uses elderly
  persons and other volunteers and paid personnel as required by the Bureau of
  Aging and Disability Resources designated area agency on aging.
- The applicant must assure that each service provider coordinates with other service providers, including senior centers and the nutrition program, in the planning and service area as required by the Bureau of Aging and Disability Resources designated area agency on aging.
- The applicant must assure that public information activities are conducted to ensure the participation of eligible older persons in all funded services as required by the Bureau of Aging and Disability Resources designated area agency on aging.

### 3. Preference for Older People with Greatest Social and Economic Need

The applicant must assure that all service providers follow priorities set by the Bureau of Aging and Disability Resources designated area agency on aging for serving older people with greatest social and economic need.

### 4. Advisory Role to Service Providers of Older Persons

The applicant must assure that each service provider utilizes procedures for obtaining the views of participants about the services they receive.

### 5. Contributions for Services

 The applicant shall assure that agencies providing services supported with Older Americans Act and state aging funds shall give older adults a free and voluntary County Plan on Aging: 2019-2021 – Template 4/19/18

- opportunity to contribute to the costs of services consistent with the Older Americans Act regulations.
- Each older recipient shall determine what he/she is able to contribute toward the
  cost of the service. No older adult shall be denied a service because he/she will
  not or cannot contribute to the cost of such service.
- The applicant shall provide that the methods of receiving contributions from individuals by the agencies providing services under the county/tribal plan shall be handled in a manner that assures the confidentially of the individual's contributions.
- The applicant must assure that each service provider establishes appropriate procedures to safeguard and account for all contributions.
- The applicant must assure that each service provider considers and reports the contributions made by older people as program income. All program income must be used to expand the size or scope of the funded program that generated the income. Nutrition service providers must use all contributions to expand the nutrition services. Program income must be spent within the contract period that it is generated.

### 6. Confidentiality

- The applicant shall ensure that no information about, or obtained from an individual and in possession of an agency providing services to such individual under the county/tribal or area plan, shall be disclosed in a form identifiable with the individual, unless the individual provides his/her written informed consent to such disclosure.
- Lists of older adults compiled in establishing and maintaining information and referral sources shall be used solely for the purpose of providing social services and only with the informed consent of each person on the list.
- In order that the privacy of each participant in aging programs is in no way abridged, the confidentiality of all participant data gathered and maintained by the State Agency, the Area Agency, the county or tribal aging agency, and any other agency, organization, or individual providing services under the State, area, county, or tribal plan, shall be safeguarded by specific policies.
- Each participant from whom personal information is obtained shall be made aware of his or her rights to:
  - (a) Have full access to any information about one's self which is being kept on file:
  - (b) Be informed about the uses made of the information about him or her, including the identity of all persons and agencies involved and any known consequences for providing such data; and,
  - (c) Be able to contest the accuracy, completeness, pertinence, and necessity of information being retained about one's self and be assured that such information, when incorrect, will be corrected or amended on request.

- All information gathered and maintained on participants under the area, county or tribal plan shall be accurate, complete, and timely and shall be legitimately necessary for determining an individual's need and/or eligibility for services and other benefits.
- No information about, or obtained from, an individual participant shall be disclosed in any form identifiable with the individual to any person outside the agency or program involved without the informed consent of the participant or his/her legal representative, except:
  - (a) By court order; or,
  - (b) When securing client-requested services, benefits, or rights.
- The lists of older persons receiving services under any programs funded through the State Agency shall be used solely for the purpose of providing said services, and can only be released with the informed consent of each individual on the list.
- All paid and volunteer staff members providing services or conducting other activities under the area plan shall be informed of and agree to:
- (a) Their responsibility to maintain the confidentiality of any client-related information learned through the execution of their duties. Such information shall not be discussed except in a professional setting as required for the delivery of service or the conduct of other essential activities under the area plan; and,
   (b) All policies and procedures adopted by the State and Area Agency to safeguard confidentiality of participant information, including those delineated in these rules.
- Appropriate precautions shall be taken to protect the safety of all files, microfiche, computer tapes and records in any location which contain sensitive information on individuals receiving services under the State or area plan. This includes but is not limited to assuring registration forms containing personal information are stored in a secure, locked drawer when not in use.

### 7. Records and Reports

- The applicant shall keep records and make reports in such form and requiring such information as may be required by the Bureau of Aging and Disability Resources and in accordance with guidelines issued solely by the Bureau of Aging and Disability Resources and the Administration on Aging.
- The applicant shall maintain accounts and documents which will enable an
  accurate review to be made at any time of the status of all funds which it has
  been granted by the Bureau of Aging and Disability Resources through its
  designated area agency on aging. This includes both the disposition of all
  monies received and the nature of all charges claimed against such funds.

### 8. Licensure and Standards Requirements

- The applicant shall assure that where state or local public jurisdiction requires licensure for the provision of services, agencies providing services under the county/tribal or area plan shall be licensed or shall meet the requirements for licensure.
- The applicant is cognizant of and must agree to operate the program fully in conformance with all applicable state and local standards, including the fire, health, safety and sanitation standards, prescribed in law or regulation.

### 9. Civil Rights

- The applicant shall comply with Title VI of the Civil Rights Act of 1964 (P.L. 88-352) and in accordance with that act, no person shall on the basis of race, color, or national origin, be excluded from participation in, be denied benefits of, or be otherwise subjected to discrimination under any program or activity under this plan.
- All grants, sub-grants, contracts or other agents receiving funds under this plan are subject to compliance with the regulation stated in 9 above.
- The applicant shall develop and continue to maintain written procedures which specify how the agency will conduct the activities under its plan to assure compliance with Title VI of the Civil Rights Act.
- The applicant shall comply with Title VI of the Civil Rights Act (42 USC 2000d) prohibiting employment discrimination where (1) the primary purpose of a grant is to provide employment or (2) discriminatory employment practices will result in unequal treatment of persons who are or should be benefiting from the service funded by the grant.
- All recipients of funds through the county/tribal or area plan shall operate each program or activity so that, when viewed in its entirety, the program or activity is accessible to and usable by handicapped adults as required in the Architectural Barriers Act of 1968.

### 10. Uniform Relocation Assistance and Real Property Acquisition Act of 1970

The applicant shall comply with requirements of the provisions of the Uniform Relocation and Real Property Acquisitions Act of 1970 (P.L. 91-646) which provides for fair and equitable treatment of federal and federally assisted programs.

### 11. Political Activity of Employees

The applicant shall comply with the provisions of the Hatch Act (5 U.S.C. Sections 7321-7326), which limit the political activity of employees who work in federally funded programs. [Information about the Hatch Act is available from the U.S. Office of Special Counsel at http://www.osc.gov/]

### 12. Fair Labor Standards Act

The applicant shall comply with the minimum wage and maximum hours provisions of the Federal Fair Labor Standards Act (Title 29, United States Code, Section 201-219), as they apply to hospital and educational institution employees of state and local governments.

### 13. Private Gain

The applicant shall establish safeguards to prohibit employees from using their positions for a purpose that is or appears to be motivated by a desire for private gain for themselves or others (particularly those with whom they have family, business or other ties).

### 14. Assessment and Examination of Records

- The applicant shall give the Federal agencies, State agencies and the Bureau of Aging and Disability Resources authorized Area Agencies on Aging access to and the right to examine all records, books, papers or documents related to the grant.
- The applicant must agree to cooperate and assist in any efforts undertaken by the grantor agency, or the Administration on aging, to evaluate the effectiveness, feasibility, and costs of the project.
- The applicant must agree to conduct regular on-site assessments of each service provider receiving funds through a contract with the applicant under the county or tribal plan.

### 15. Maintenance of Non-Federal Funding

- The applicant assures that the aging unit, and each service provider, shall not use Older Americans Act or state aging funds to supplant other federal, state or local funds.
- The applicant must assure that each service provider must continue or initiate
  efforts to obtain funds from private sources and other public organizations for
  each service funded under the county or tribal plan.

### 16. Regulations of Grantor Agency

The applicant shall comply with all requirements imposed by the Department of Health and Family Services, Division of Supportive Living, Bureau of Aging and Disability Resources concerning special requirements of federal and state law, program and fiscal requirements, and other administrative requirements.

### 17. Older Americans Act

The applicant shall comply with all requirements of the Older Americans Act (PL 89-73). County Plan on Aging: 2019-2021 – Template 4/19/18

### 18. Federal Regulations

The applicant shall comply with all federal regulations (45 CFR 1321) governing Older Americans Act funds and programs.

### 19. Wisconsin Elders Act

The aging unit must comply with the provisions of the Wisconsin Elders Act.

Wisconsin Statutes Chapter 46.82 Aging unit.

"Aging unit" means an aging unit director and necessary personnel, directed by a county or tribal commission on aging and organized as one of the following:

- (1) An agency of county or tribal government with the primary purpose of administering programs of services for older individuals of the county or tribe.
- (2) A unit, within a county department under s. 46.215, 46.22
- (3) or 46.23, with the primary purpose of administering programs of and services for older individuals of the county
- (4) A private corporation that is organized under ch. 181 and
- (5) that is a nonprofit corporation, as defined in s. 181.0103 (17).

Aging Unit; Creation. A county board of supervisors of a county, the county boards of supervisors of 2 or more contiguous counties or an elected tribal governing body of a federally recognized American Indian tribe or band in this state may choose to administer, at the county or tribal level, programs for older individuals that are funded under 42 USC 3001 to 3057n, 42 USC 5001 and 42 USC 5011 (b). If this is done, the county board or boards of supervisors or tribal governing body shall establish by resolution a county or tribal aging unit to provide the services required under this section. If a county board of supervisors or a tribal governing body chooses, or the county boards of supervisors of 2 or more contiguous counties choose, not to administer the programs for older individuals, the department shall direct the area agency on aging that serves the relevant area to contract with a private, nonprofit corporation to provide for the county, tribe or counties the services required under this section.

Aging Unit; Powers and Duties. In accordance with state statutes, rules promulgated by the department and relevant provisions of 42 USC 3001 to 3057n and as directed by the county or tribal commission on aging, an aging unit:

- (a) Duties. Shall do all of the following:
- 1. Work to ensure that all older individuals, regardless of income, have access to information, services and opportunities available through the county or tribal aging unit and have the opportunity to contribute to the cost of services and that the services and County Plan on Aging: 2019-2021 Template 4/19/18

resources of the county or tribal aging unit are designed to reach those in greatest social and economic need.

- 2. Plan for, receive and administer federal, state and county, city, town or village funds allocated under the state and area plan on aging to the county or tribal aging unit and any gifts, grants or payments received by the county or tribal aging unit, for the purposes for which allocated or made.
- 3. Provide a visible and accessible point of contact for individuals to obtain accurate and comprehensive information about public and private resources available in the community which can meet the needs of older individuals.
- 4. As specified under s. 46.81, provide older individuals with services of benefit specialists or appropriate referrals for assistance.
- 5. Organize and administer congregate programs, which shall include a nutrition program and may include one or more senior centers or adult day care or respite care programs, that enable older individuals and their families to secure a variety of services, including nutrition, daytime care, educational or volunteer opportunities, job skills preparation and information on health promotion, consumer affairs and civic participation.
- 6. Work to secure a countywide or tribal transportation system that makes community programs and opportunities accessible to, and meets the basic needs of, older individuals.
- 7. Work to ensure that programs and services for older individuals are available to homebound, disabled and non-English speaking persons, and to racial, ethnic and religious minorities.
- 8. Identify and publicize gaps in services needed by older individuals and provide leadership in developing services and programs, including recruitment and training of volunteers, that address those needs.
- 9. Work cooperatively with other organizations to enable their services to function effectively for older individuals.
- 10. Actively incorporate and promote the participation of older individuals in the preparation of a county or tribal comprehensive plan for aging resources that identifies needs, goals, activities and county or tribal resources for older individuals.
- 11. Provide information to the public about the aging experience and about resources for and within the aging population.
- 12. Assist in representing needs, views and concerns of older individuals in local decision making and assist older individuals in expressing their views to elected officials and providers of services.
- 13. If designated under s. 46.27 (3) (b) 6., administer the long-term support community options program.
- 14. If the department is so requested by the county board of supervisors, administer the pilot projects for home and community-based long-term support services under s. 46.271.
- 15. If designated under s. 46.90 (2), administer the elder abuse reporting system under s. 46.90.
- 16. If designated under s. 46.87 (3) (c), administer the Alzheimer's disease family and caregiver support program under s. 46.87.

- 17. If designated by the county or in accordance with a contract with the department, operate the specialized transportation assistance program for a county under s. 85.21. 18. Advocate on behalf of older individuals to assist in enabling them to meet their basic needs.
- 19. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.283 (1) (a) 1., apply to the department to operate a resource center under s. 46.283 and, if the department contracts with the county under s. 46.283 (2), operate the resource center. 20. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.284 (1) (a) 1., apply to the department to operate a care management organization under s. 46.284 and, if the department contracts with the county under s. 46.284 (2), operate the care management organization and, if appropriate, place funds in a risk reserve.
- (b) Powers. May perform any other general functions necessary to administer services for older individuals.
- (4) Commission On Aging.
- (a) Appointment.
- 1. Except as provided under sub. 2., the county board of supervisors in a county that has established a single-county aging unit, the county boards of supervisors in counties that have established a multicounty aging unit or the elected tribal governing body of a federally recognized American Indian tribe or band that has established a tribal aging unit shall, before qualification under this section, appoint a governing and policy-making body to be known as the commission on aging.
- 2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall appoint, subject to confirmation by the county board of supervisors, the commission on aging. A member of a commission on aging appointed under this subdivision may be removed by the county executive or county administrator for cause.
- (b) Composition.

A commission on aging, appointed under par. (a) shall be one of the following:

- 1. For an aging unit that is described in sub. (1) (a) 1. or 2., organized as a committee of the county board of supervisors, composed of supervisors and, beginning January 1, 1993, advised by an advisory committee, appointed by the county board. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.
- 2. For an aging unit that is described in sub. (1) (a) 1. or 2., composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.

3. For an aging unit that is described in sub. (1) (a) 3., the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.

### (c) Terms.

Members of a county or tribal commission on aging shall serve for terms of 3 years, so arranged that, as nearly as practicable, the terms of one-third of the members shall expire each year, and no member may serve more than 2 consecutive 3-year terms. Vacancies shall be filled in the same manner as the original appointments. A county or tribal commission on aging member appointed under par. (a) 1. may be removed from office for cause by a two-thirds vote of each county board of supervisors or tribal governing body participating in the appointment, on due notice in writing and hearing of the charges against the member.

### (c) Powers and duties.

A county or tribal commission on aging appointed under sub. (4) (a) shall, in addition to any other powers or duties established by state law, plan and develop administrative and program policies, in accordance with state law and within limits established by the department of health and family services, if any, for programs in the county or for the tribe or band that are funded by the federal or state government for administration by the aging unit. Policy decisions not reserved by statute for the department of health and family services may be delegated by the secretary to the county or tribal commission on aging. The county or tribal commission on aging shall direct the aging unit with respect to the powers and duties of the aging unit under sub. (3).

- (5) Aging Unit Director; Appointment. A full-time aging unit director shall be appointed on the basis of recognized and demonstrated interest in and knowledge of problems of older individuals, with due regard to training, experience, executive and administrative ability and general qualification and fitness for the performance of his or her duties, by one of the following:
- (a) 1. For an aging unit that is described in sub. (1) (a) 1., except as provided in subd. 2., a county or tribal commission on aging shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors or the tribal governing body that participated in the appointment of the county or tribal commission on aging. 2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors that participated in the appointment of the county commission on aging. (b) For an aging unit that is described in sub. (1) (a) 2., the director of the county department under s. 46.215, 46.22 or 46.23 of which the aging unit is a part shall make the appointment, subject to the personnel policies and procedures established by the county board of supervisors.

(d) For an aging unit that is described in sub. (1) (a) 3., the commission on aging under sub. (4) (b) 3. shall make the appointment, subject to ch. 181.				

### 11. Appendices

### **Public Input Report**

Complete one worksheet for each separate method of public input used. i.e. 12 interviews conducted can be compiled on one sheet.

Your County or Tribe: Dodge County	Your Name and Email: Amy Ewerdt aewerdt@co.dodge.wi.us			
Type of Public Input:				
Community Forum or Listening Session	١			
Focus Group Discussions				
Structured Interviews (with individuals)				
X_ Paper or Internet Survey				
Other (please describe):				
Date/s of Event or Effort: Internet Survey-ongoing	Ţ			
Number of Participants or Respondents: 4				
Key Issues Discussed:				
1. What are some services that the ADRC offers that y				
2. How could the ADRC improve support offered to you				
3. Do you have suggestions for new areas that the ADI				
<ul><li>4. What do the older people in your community need th</li><li>5. Do you have suggestions of any other things that co</li></ul>				
<ul><li>5. Do you have suggestions of any other things that co</li><li>6. Please share a positive experience you have had wi</li></ul>				
Key Takeaways/Findings:				
We found out which programs were utilized in the was interesting to see that majority of the people with themselves.				
Any Planned Response?				
We came to the realization that an Internet Survey did not produce the results that we were looking				
for, so we will most likely change our method to ga	ther information in the future.			
1				

### **Public Input Report**

Complete one worksheet for each separate method of public input used. i.e. 12 interviews conducted can be compiled on one sheet.

Your County or Tribe: Dodge County	Your Name and Email: Amy Ewerdt aewerdt@co.dodge.wi.us			
Type of Public Input:				
_X Community Forum or Listening Session				
Focus Group Discussions				
Structured Interviews (with indivi	duals)			
Paper or Internet Survey				
Other (please describe):				
Date/s of Event or Effort: March 5, 6, 7, and 9 took an hour at several different locations throughout				
Dodge County to meet with others. Beaver Dam Watermark (Senior Center), Lomira Library, Horicon				
Library, Randolph Library, Watertown Meal site, Food Pantry, and YMCA of Beaver Dam.				
Number of Participants or Respondents: 25-30				

### **Key Issues Discussed:**

- When having caregiver groups/session offer a session/service to watch the loved one at the same location/time
- Library would like a list of current "convenient services"
- Lifeline-more info/education
- Help with taxes
- Will preparation-someone to give advice before something bad happens
- Burial options-especially if don't have any money/funds
- Meal Sites-how to increase participation:
  - Offer Music & Memory after meal
  - o Schools-solo ensamble, choir, children's Christmas programs
  - Library can provide craft supplies, Legos, coordinator once a month (Kate Kirschner-Friday from 1-2:30)
  - Play old movies
  - Historical Society events "Living History Days"
  - o Past volunteer organizer had best turnouts on Thursdays
    - Birthday celebrations monthly
  - Newsletters in church bulletins-St. Stephens, Sacred Heart
  - Piggly Wiggly in Mayville has Senior day on Thursdays-handouts then

### **Key Takeaways/Findings:**

People are not aware of our services and we need to make sure our outreach efforts continue. Our best conversations occurred when we were invited to an organized group of people (for our sake it was a knitting group led by the library in Horicon).

### Any Planned Response?

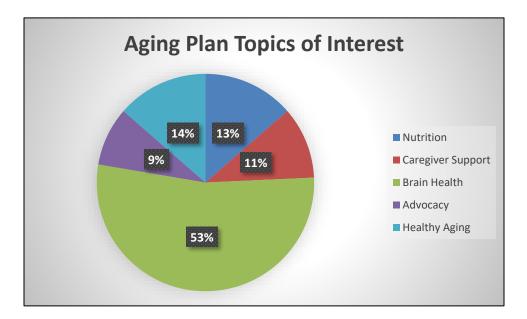
Working more closely with Horicon Library to provide programming/crafts after our noon meal.

### **Public Input Report**

Complete one worksheet for each separate method of public input used. i.e. 12 interviews conducted can be compiled on one sheet.

Your County or Tribe: Dodge County			Your Name and Email: Amy Ewerdt aewerdt@co.dodge.wi.us			
Type of Public Input:  Community Forum or Listening Session Focus Group Discussions Structured Interviews (with individuals) Paper or Internet Survey X Other (please describe): Traveling Conversation boards-topics were listed and we asked Dodge County residents to put a sticker by the topic that they would like us to focus on for the next few years.						
Date/s of Event or Effort: We had 3 boards circulating Dodge County over a 2-week period.						
Number of Participants or Res	<b>pondents</b> : u	nable to g	ive accur	ate number s	since we were	e not present
Key Issues Discussed: Nutrition, Advocacy, Caregiver Support, Brain Health, and Healthy Aging  Key Takeaways/Findings:						
	Aging	Plan Id	lea Bo	ards		
	Nutritio n	Careg Supp	•	Brain Health	Advocac y	Healthy Aging
Juneau Henry Dodge Building	5	2		4	1	3
Waupun Senior Center	0			41	2	3
Juneau Library	1	1		3	2	2
Lomira Library	0	0		2	0	2
Watertown Food Pantry	4	2		0	1	1
WIC Office	1	0		0	1	0
Back In Action-Mayville	0	2		1	0	2
Watermark	3	0		3	1	1
Juneau Clinic	0	1		1	1	0
	14	1:	1	55	9	14
Additional Comments: Ruby's Pantry in the area would be nice.						

### **Explain Advocacy**



### **Any Planned Response?**

Knowing which topics are of greater interest to the Dodge County residents' we can make sure we are targeting those topics along with the population that requested it. For example, the residents in Dodge county at the Senior Center in Waupun really want to learn more about Brain Health. With that in mind, we'll make sure to host a program at the center for them to attend.